



## Shackles

Choreographed by Jo Thompson Szymanski

**Description:** 32 count, 4 wall, beginner line dance

**Music:** **Till The Shackles Fall Off** by Scooter Lee

**Cricket On A Line** by Colt Ford Feat Rhett Akins [CD: Chicken And Biscuits / Available on iTunes]

Start dancing on lyrics

### **TOE STRUTS FORWARD, ROCKING CHAIR**

1-2 Step right toe forward, drop right heel  
3-4 Step left toe forward, drop left heel  
5-6 Rock right forward, recover to left  
7-8 Rock right back, recover to left

### **TOE STRUTS FORWARD, JAZZ BOX ¼ TURN**

1-2 Step right toe forward, drop right heel  
3-4 Step left toe forward, drop left heel  
5-6 Cross right over left, step left back  
7-8 Turn ¼ right, step right to side, cross left over right

### **VINE RIGHT, STOMP TOGETHER, HEELS LEFT TWICE**

1-2 Step right to side, cross left behind right  
3-4 Step right to side, gentle stomp left together putting weight on both feet  
5-6 Shift both heels left, both heels center (weight on balls of both feet)  
7-8 Shift both heels left, both heels center (weight goes to right)

### **VINE LEFT, STOMP TOGETHER, HEELS RIGHT TWICE**

1-2 Step left to side, cross right behind left  
3-4 Step left to side, gentle stomp right together putting weight on both feet  
5-6 Shift both heels right, both heels center (weight on balls of both feet)  
7-8 Shift both heels right, both heels center (weight goes to left)

### **REPEAT**

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