



## Sea Of Heartbreak

Choreographed by Niels B. Poulsen

**Description:** 32 count, 4 wall, beginner/intermediate line dance

**Music:** **Sea Of Heartbreak** by Rosanne Cash Feat. Bruce Springsteen  
[CD: The List / Available on iTunes]

Intro: 16 counts from first beat in music

### **STEP RIGHT FORWARD, ¼ RIGHT, SAILOR ¼ RIGHT, STEP LEFT FORWARD, STEP RIGHT FORWARD, ¼ SIDE ROCK CROSS**

1-2 Step right forward, turn ¼ right and step left to side (3:00)  
3&4 Cross right behind left, turn ¼ right and step left a small step to left side, step forward right (6:00)  
5-6 Step left forward, step right forward (6:00)  
7&8 Turn ¼ right and rock left to side, recover to right, cross left over right (9:00)

### **SIDE RIGHT, TOGETHER LEFT, RIGHT BACK LOCK STEP, SIDE LEFT, TOGETHER RIGHT, LEFT STEP LOCK STEP**

1-2 Step right to side, step left together (9:00)  
3&4 Step right back, lock left over right, step right back (9:00)  
5-6 Step left to side, step right together (9:00)  
7&8 Locking chassé forward left, right, left

*Restart on 5th wall, facing 9:00*

### **STEP ½ LEFT, RIGHT SHUFFLE ½ LEFT, BACK ROCK LEFT, LEFT SHUFFLE ½ RIGHT**

1-2 Step right forward, turn ½ left and step to left (3:00)  
3&4 Turn ½ left and step right back, step left together, step right back (9:00)  
5-6 Rock left back, recover to right (9:00)  
7&8 Turn ½ right and step left back, step right together, step left back (3:00)

*Non turning option for shuffle ½ turns are to do regular shuffles forward and back*

### **RIGHT BACK ROCK, RIGHT KICK BALL CHANGE, RIGHT & LEFT SIDE SWITCHES, RIGHT & LEFT HEEL SWITCHES**

1-2 Rock right back, recover to left (3:00)  
3&4 Kick right forward, step right together, change weight to left (3:00)  
5&6& Touch right to side, step right together, touch left to side, step left together (3:00)  
7&8& Touch right heel forward, step right together, touch left heel forward, step left together (3:00)

### **REPEAT**

### **RESTART**

*Restart during 5th wall, after 16 counts, facing 9:00*

### **ENDING**

*You'll start your 9th wall facing 6:00. To end facing 12:00 do counts 1-8. When doing count 9 you turn ¼ left and step right foot back*

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