



Meat And Potatoes

Choreographed by Regina van Bergen

Description: 32 count, 4 wall, beginner line dance

Music: **Meat & Potato Man** by Alan Jackson [120 bpm / When Somebody Loves You / Available on iTunes]
Start dancing on lyrics

FORWARD, TOUCH, BACKWARDS, TOUCH

1-2 Step right diagonally forward, touch left foot beside right foot
3-4 Step left diagonally back, touch right foot beside left foot
5-6 Step right diagonally back, touch left foot beside right foot
7-8 Step left diagonally forward, touch right foot beside left foot

VINE TO THE RIGHT WITH ½ LEFT HITCH TURN TO THE RIGHT, VINE TO THE LEFT, TOUCH

1-2 Step right to side, cross left behind right
3-4 Step right to side, hitch with left knee and turn ½ to the right
5-6 Step left to side, cross right behind left
7-8 Step left to side, touch right together

BACK, BACK, BACK, HITCH, STEP, SLIDE, STEP, TOUCH

1-2 Step right back, step left back
3-4 Step right back, hitch left knee
5-6 Step left forward, slide right foot beside left foot
7-8 Step left forward, touch right foot beside left foot

VINE TO THE RIGHT WITH ¼ LEFT HITCH TO THE RIGHT, VINE TO THE LEFT WITH TOUCH

1-2 Step right to side, cross left behind right
3-4 Step right to side, hitch with left knee and turn ¼ to the right
5-6 Step left to side, cross right behind left
7-8 Step left to side, touch right together

REPEAT

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