



In My Arms

Choreographed by Mike O'Brien

Description: 32 count, 4 wall, beginner/intermediate line dance

Music: **In My Arms** by Teddy Thompson [CD: A Piece Of What You Need / Available on iTunes]

Excuse Me (I Think I Have A Heartache) by Dwight Yoakam
[CD: Dwight Sings Buck / Available on iTunes]

Start dancing on lyrics

STEP FORWARD LEFT TOUCH BEHIND, STEP BACK TOUCH HEEL FORWARD, COASTER STEP, TOUCH TO RIGHT SIDE

- 1-2 Step left forward, touch right toe back
- 3-4 Step right back, touch left heel forward
- 5-6 Step left back, step right together
- 7-8 Step left forward, touch right to side

JAZZ BOX ¼ TURN, KICK FRONT SIDE, STEP BACK, TOUCH LEFT BESIDE RIGHT

- 1-2 Cross right over left, step left back, ¼ turn right
- 3-4 Step right to side, step left together
- 5-6 Kick right forward, kick right to side
- 7-8 Step right back, touch left together

½ TURN, STEPPING LEFT RIGHT ROCK BEHIND RECOVER, GRAPEVINE LEFT & TOUCH

- 1-2 Turn ½ left and step left right
- 3-4 Cross/rock left behind right, recover to left
- 5-8 Vine left, touch right together

GRAPEVINE RIGHT & TOUCH, HIPS, LEFT RIGHT LEFT RIGHT

- 1-4 Vine right, touch left together
- 5-8 Hips to the left-right, left, right

REPEAT

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