



AB AB

Choreographed by Val Myers & Deana Randle

Description: 32 count, 1 wall, ultra beginner straight rhythm line dance

Music: **Built For Blue Jeans** by Tyler Dean [118 bpm / CD: CDX #406 /

CD: CD Single]

Absolute Beginners by David Bowie [CD: CD Single / Available on iTunes]

Start dancing on lyrics

DANCE A

REVERSE RUMBA BOX

- 1-2 Step right to side, step left beside right
- 3-4 Step back right, touch left next to right
- 5-6 Step right to side, step right beside left
- 7-8 Step forward left, touch right next to left

TOUCH STEPS: (RIGHT AND LEFT TWICE)

- 1-2 Touch right to side, step right beside left
- 3-4 Touch left to side, step left beside right
- 5-6 Touch right to side, step right beside left
- 7-8 Touch left to side, step left beside right

Option: section 2 can be replaced with two Monterey ½ turns on counts 9-16 as follows:

- 1-2 Touch right to side, make ½ turn right stepping right beside left
- 3-4 Touch left to side, step left beside right
- 5-6 Touch right to side, make ½ turn right stepping right beside left
- 7-8 Touch left to side, step left beside right

DANCE B

CAMEL STEPS: (RIGHT CAMEL STEP, TOUCH, LEFT CAMEL STEP, TOUCH)

- 1-4 Step diagonally forward right, slide left beside right, step diagonally forward right, touch left beside right
- 5-8 Step diagonally forward left, slide right beside left, step diagonally forward left, touch right beside left

Style and fun note: exaggerate the camel steps. On diagonal steps forward lean slightly and push hips back and on slides & touches, bend knees slightly and lean back slightly creating a slight rocking movement forward and back

STEP TOUCHES: (STEP BACK RIGHT, TOUCH, STEP BACK LEFT TOUCH TWICE)

- 1-2 Step diagonally back right, touch left next to right
- 3-4 Step diagonally back left, touch right next to left
- 5-6 Step diagonally back right, touch left next to right
- 7-8 Step diagonally back left, touch right next to left

REPEAT

AB AB is a 32-count dance. (however, it can also be taught as two separate 16-count dances, Dance A and Dance B which can then be combined to form the complete 32 count dance)

Val Myers | EMail: vmyers@dsl.pipex.com | Website: <http://www.vmyers.com>

Address: 33, Ennerdale Ave. Stanmore, Middx. HA72 LB. UK | Phone: 07958 962 007

Deana Randle

Address: Barnoldswick, Lancashire

Print layout ©2005 - 2009 by Kickit. All rights reserved.